

2011 softball schedule

DATE	OPPONENT	TIME
March 6	vs. Bethany Lutheran [^]	9 a.m.
	vs. Hiram [^]	11 a.m.
March 7	vs. Bridgewater State [^]	9 a.m.
	vs. Anna Maria [^]	11 a.m.
March 8	vs. Kenyon [^]	9 a.m.
	vs. Rockford [^]	11 a.m.
March 10	vs. Regis [^]	9 a.m.
	vs. Olivet [^]	11 a.m.
March 11	vs. Ohio Wesleyan [^]	9 a.m.
	vs. WPI [^]	1 p.m.
April 1	PLATTSBURGH*	3 p.m.
April 2	at St. Lawrence	3 p.m.
April 7	SUNY CANTON	2 p.m.
April 8	at Oneonta*	3 p.m.
April 9	at New Paltz*	1 p.m.
April 13	SUNYIT	3:30 p.m.
April 15	BUFFALO STATE*	3 p.m.
April 16	FREDONIA*	1 p.m.
April 19	ST. LAWRENCE	3 p.m.
April 22	at Geneseo*	3 p.m.
April 23	at Brockport*	1 p.m.
April 26	at SUNY Canton	2 p.m.
April 29	OSWEGO*	3 p.m.
April 30	CORTLAND*	1 p.m.
May 5-7	SUNYAC Championships or N.Y. State Softball Championships	

BOLD CAPS = home event; * Indicates SUNYAC match

[^] game played at Gene Cusic Classic (Ft. Myers, Fla.)

Note: All dates are doubleheaders except Florida games.

suny potsdam
softball
2011 team guide



www.potsdam.edu



Athletic Facilities

The SUNY Potsdam athletic facilities are centered around and within Maxcy Hall. The multi-million dollar facility was built in 1971 and has undergone several major revisions since then. It is considered one of the finest sports complexes in the country.

At the heart of Maxcy is the Bears' 2,500-seat ice arena, as well as the Jerry Welsh Gymnasium, which seats 3,600 people. Maxcy also houses a natatorium with an Olympic-sized swimming pool and a 33,000 square foot fieldhouse.

On the building's third floor is the 8,000 square foot Shane T. Shaul Fitness Center, which was completely remodeled in the fall of 2009.

Fifty acres of athletic fields surround Maxcy, including the recently-built, all-weather AstroTurf field. The turf field serves as the home for Bears soccer and lacrosse events.

A new women's softball field was also recently added, while the tennis courts have been completely remodeled to include lights and a new court surface.



NEXT TURF FIELD



SOFTBALL FIELD



ICE ARENA



TENNIS COURTS



JERRY WELSH GYM



SWIMMING POOL

Fitness Center



SUNY Potsdam is on the cutting edge of having the latest and best equipment and staff available to help student-athletes reach their full potential!

SUNY Potsdam recently made a major investment towards the improving the health and wellness of its campus community by significantly upgrading cardio and weight equipment in the Shane T. Shaul Fitness Center.



Students now have numerous fitness options to pursue within the center, including both free weight stations and a Cybex Eagle circuit as well as 38 new cardio machines, including: 10 Precor Treadmills, 10 Precor Ellipticals, six Cybex Arc Trainers, two Precor Steppers, three Precor Upright Bikes, three Precor Recumbent Bikes, three First Degree Fluid Rowers and one ScitFit Pro1 Upper Body Ergometer.



“Cardio Entertainment” is integrated into 34 of the 38 cardio stations. A personal viewing screen (PVS) allows users to choose and watch their favorite show via the campus cable network during their workout! Headphones from any portable music device can be used on the units with the PVS option.

In addition to the fitness center’s new equipment, a full-time fitness director and a well-trained staff are available to help design individualized workout routines and to ensure a safe and clean facility. Numerous group fitness classes are available throughout the year.



8 PLAYER PROFILES/2010 SEASON REVIEW



5-3 Fr.
Bats: R Throws: R
Beacon, N.Y.
Beacon H.S.

11

SHANNON PAGLIARO

Utility Player

Shannon Pagliaro begins her first season with the Bears.

Personal: Daughter of Michael Pagliaro ... majoring in early childhood education ... career ambition is to be an elementary teacher ... favorite TV shows are "Degrassi" and "Glee" ... favorite movie is "A Walk to Remember" ... favorite food is mashed potatoes and gravy ... when not on the softball diamond can be found playing Frisbee ... chose Potsdam because of its small college and close-knit atmosphere



5-8 Fr.
Bats: R Throws: R
Brasher Falls, N.Y.
Brasher Falls H.S.

12

MOLLY MCCUIN

Third Base

Molly McCuin begins her first season with the Bears.

Personal: Daughter of Robert and Debbie McCuin ... majoring in elementary education ... career ambition is to be a teacher ... also played basketball and swam in high school ... favorite TV show "Law and Order: SVU" ... favorite movie is "50 First Dates" ... favorite musician Taylor Swift ... favorite food is pizza ... if not softball would play basketball ... chose Potsdam because it was close to home and is a good education school



5-1 Fr.
Bats: R Throws: R
Nyack, N.Y.
Nyack H.S.

15

GABRIELLE RYAN

Utility Player

Gabrielle Ryan begins her first season with the Bears.

Personal: Daughter of Thomas and Regina Ryan ... also played volleyball in high school ... favorite TV show is "Jersey Shore" ... favorite Web site is Facebook ... favorite musician is Lil Wayne ... favorite food is grilled chicken ... favorite athlete is Jennie Finch ... favorite sports team is the New York Mets ... when not on the softball diamond can be found with friends or at the gym ... chose Potsdam for its education program

2010 Game Results

Date	Opponent	Score	Record
3/7/10	Washington College	L 4-10	0-1
	Anna Maria	W 9-1	1-1
3/8/10	Illinois College	L 4-7	1-2
	Rockford	W 9-1	2-2
3/9/10	Bethany Lutheran	L 3-7	2-3
	Clark	L 2-10	2-4
3/11/10	University of Dallas	W 5-4	3-4
	St. Mary's	L 0-8	3-5
4/2/10	Plattsburgh	W 14-6	4-5
	Plattsburgh	L 3-4	4-6
4/3/10	at St. Lawrence	L 0-6	4-7
	at St. Lawrence	L 5-4	4-8
4/10/10	at Fredonia	L 0-8	4-9
	at Fredonia	L 2-3	4-10
4/11/10	at Buffalo St.	W 4-2	5-10
	at Buffalo St.	L 3-4	5-11
4/14/10	at SUNYIT	L 3-4	5-12
	at SUNYIT	W 3-1	6-12
4/19/10	Oneonta	L 6-8	6-13
	Oneonta	L 0-11	6-14
4/20/10	St. Lawrence	L 2-14	6-15
	St. Lawrence	W 12-7	7-15
4/23/10	Geneseo	L 1-5	7-16
	Geneseo	L 1-12	7-17
4/24/10	Brockport	L 0-2	7-18
	Brockport	W 7-4	8-18
4/30/10	at Oswego	L 9-10	8-19
	at Oswego	L 2-10	8-20
5/1/10	at Cortland	L 0-8	8-21
	at Cortland	L 3-6	8-22
5/2/10	New Paltz	L 0-11	8-23
	New Paltz	L 4-7	8-24

2010 Offensive Statistics

Name	Avg	AB	R	H	RBI
Dana Vollmuth	.385	96	11	37	15
Heidi Grebinger	.365	104	21	38	18
Heather Johnson	.300	90	11	27	11
Amanda Perry	.286	105	12	30	13
Meaghan Patterson	.286	7	3	2	0
Allison Breivogel	.270	100	17	27	3
Allison Smiddy	.256	86	14	22	15
Jessica Brower	.238	84	9	20	14
Brittany Pawlowski	.149	74	10	11	5
Megan Strough	.146	41	5	6	2
Susan Garrett	.143	42	4	6	4
Katie Nawrot	.143	7	1	1	1
Nicole Blanchard	.000	1	1	0	0
Emily Jackson	.000	1	0	0	0
Totals	.271	838	119	227	101

2010 Pitching Statistics

Name	ERA	W-L	IP	BB	SO
Brittany Pawlowski	5.29	5-10	83.1	45	52
Meaghan Patterson	6.39	0-3	30.2	14	15
Katie Nawrot	6.84	3-9	72.2	20	33
Heather Johnson	0.00	0-0	1.0	2	1
Totals	6.04	8-22	187.2	81	101

ATHLETIC DEPARTMENT CONTACTS

Athletic Director: Jim Zalacca.....zalaccja@potsteam.edu...315-267-2314
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SOFTBALL CONTACTS

Head Coach: Shannon Dillabough
Assistant Coaches: Wayne Lyndaker, Terry Paige
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Academic Coordinators: Dr. William Herman
 Ms. Kristin Jordan

MEDIA GUIDE CREDITS

The softball media guide is produced by SUNY Potsdam Sports Information and Public Affairs.

SUNY POTSDAM FACTS

Location: Potsdam, New York
President: John F. Schwaller
Enrollment: 4,336
Conference: SUNYAC
Founded: 1816
Nickname: Bears
Colors: Red and Gray

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	vs. Olivet^	Ft. Myers, Fla.	11 a.m.
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	vs. WPI^	Ft. Myers, Fla.	1 p.m.
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April 7	at SUNY Canton	Canton, N.Y.	2 p.m.
April 8	at Oneonta*	Oneonta, N.Y.	3 p.m.
April 9	at New Paltz*	New Paltz, N.Y.	1 p.m.
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April 29	OSWEGO*	Maxcy Hall	3 p.m.
April 30	CORTLAND*	Maxcy Hall	1 p.m.
May 5-7	SUNYAC Championships or N.Y. State Softball Championships		TBA

Home games in **BOLD** *denotes SUNYAC contest

^ at Gene Cusic Classic (Spring Break Trip)

All dates doubleheaders after March 11

2 **SOFTBALL COACHES**



SHANNON DILLABOUGH - HEAD COACH

Shannon Dillabough enters his seventh season as head softball coach at SUNY Potsdam.

Dillabough is the first full-time softball coach at SUNY Potsdam, elevating the team's status among varsity programs at Potsdam.

Dillabough was previously named the adjunct softball head coach in 2005 after serving several years as the Bears assistant softball coach. He worked alongside former coach Steve Pike, who currently serves as the school's head volleyball coach, as they established the women's softball program as an NCAA

Division III varsity sport in 2001.

In addition to coaching softball at SUNY Potsdam, Dillabough teaches physical education. A 1991 SUNY Potsdam graduate and former store manager at Champs Sports, Dillabough has coached for many years with women's summer leagues and the Morristown High School JV team.



WAYNE LYNDAKER - ASSISTANT COACH

Wayne Lyndaker enters his ninth season working with the Bears. Currently a PE teacher at Colton-Pierrepont High School, Lyndaker has over 25 years of fast-pitch softball experience at all levels. He will serve as Potsdam's pitching coach.



TERRY PAIGE - ASSISTANT COACH

Terry Paige begins his seventh season as an assistant coach of the SUNY Potsdam softball team. A co-manager at Champs Sports, Paige is a former high school baseball standout from Norwood-Norfolk. He also coaches the Norwood-Norfolk American Legion team during the summer. Terry will work primarily with the infielders at Potsdam.



***For information throughout the season, including live game updates, game recaps, previews, features, social media and more, visit: potsdam.edu/athletics**



5-4 So.
Bats: R Throws: R
South Glens Falls, N.Y.
South Glens Falls H.S.

10

AMANDA PERRY

Catcher/Outfield

Amanda Perry returns for her second season with the Bears.

2010: Started all 32 games ... member of the All-SUNYAC Team ... batted .286 (30-for-105), fourth-best on the team ... third-most hits on the team (30) ... five doubles, two homeruns, 12 runs scored, 13 RBI's, 41 total bases, three stolen bases, and .991 fielding percentage

Personal: Daughter of Kim and Mike Perry ... majoring in childhood education ... career ambition is to be a teacher ... played soccer in high school ... favorite TV show is "Glee" ... favorite movie is "The Notebook" ... when not on the softball diamond can be found relaxing ... if not softball would be playing soccer



5-6 So.
Bats: R Throws: R
Heuvelton, N.Y.
Heuvelton H.S.

20

HEATHER JOHNSON

Second Base/Outfield

Heather Johnson returns for her second season with the Bears.

2010: Started all 32 games ... third in batting average (.300) and hits (27) ... tied for team lead in doubles (8) ... one homerun, 11 RBI's, 11 runs scored, 38 total bases, and two stolen bases ... pitched one scoreless inning, recording one strikeout

Personal: Daughter of Tim Johnson and Julie Sellers ... majoring in biology ... also a member of the Potsdam women's soccer team ... played soccer and basketball in high school ... favorite TV show is "Jersey Shore" ... favorite movies are the "Twilight" series ... favorite Web site is Facebook ... when not on the softball diamond can be found working ... favorite class at Potsdam is Health: A Lifestyle Approach



5-6 Fr.
Bats: R Throws: R
Penfield, N.Y.
Penfield H.S.

1

MOLLY ZEHLER

Pitcher/First Base

Molly Zehler begins her first season with the Bears.

Personal: Daughter of Anne and Peter Zehler ... favorite TV show is "Glee" ... favorite movie is "Inception" ... favorite Web site is Facebook ... favorite musician is Carrie Underwood ... favorite food is pizza ... favorite athlete is Jennie Finch ... favorite sports team is the New York Yankees ... when not on the softball diamond can be found hanging out with friends ... if not softball would play rugby ... chose Potsdam because she liked the small school environment



5-3 Fr.
Bats: R Throws: R
Glenfield, N.Y.
South Lewis H.S.

6

MIRANDA GOKEY

Second Base

Miranda Gokey begins her first season with the Bears.

Personal: Daughter of Eric and Alice Gokey ... majoring in childhood education ... played soccer and volleyball in high school ... favorite TV channel is the Food Network ... favorite movies are Disney movies ... favorite Web site is Facebook ... favorite foods are breakfast foods ... favorite athlete is Mia Hamm ... favorite sports team is the New York Yankees ... when not on the softball diamond can be found studying ... if not softball would play soccer ... chose Potsdam for its location and overall atmosphere



5-4 Fr.
Bats: R Throws: R
Heuvelton, N.Y.
Heuvelton H.S.

8

MEGAN JOHNSON

Second Base/Pitcher

Megan Johnson begins her first season with the Bears.

Personal: Daughter of Tim Johnson and Julie Sellers ... majoring in biology ... also played soccer and basketball in high school ... career ambition is to work in the marine biology field ... favorite TV show is "Criminal Minds" ... favorite movie is "Seven Pounds" ... favorite Web site is Facebook ... favorite musician is Carrie Underwood ... favorite food is French fries ... favorite athlete is Jennie Finch ... favorite sports team is the U.S. National softball team ... chose Potsdam because it was close to home, and she liked the athletics, the campus and the food



5-8 Fr.
Bats: L Throws: L
Winthrop, N.Y.
St. Lawrence H.S.

9

ASHLEY THAYER

Pitcher/Outfield

Ashley Thayer begins her first season with the Bears.

Personal: Daughter of Colleen and Randy Thayer ... also a member of the Bears soccer team ... majoring in community health ... also played soccer and basketball in high school ... favorite TV show is "The Secret Life of the American Teenager" ... favorite movie is "How to Lose a Guy in 10 Days" ... favorite musician is Taylor Swift ... favorite food is mint chip ice cream ... favorite athlete is Derek Jeter ... favorite team is the New York Yankees ... greatest sports accomplishment is leading Section X in strikeouts ... chose Potsdam because it had the academic program she was looking for and it was close to home

6 **PLAYER PROFILES**



5-6 Jr.
Bats: R Throws: R
Bellmore, N.Y.
W.C. Mepham H.S.

00

HEIDI GREBINGER

Outfield

Heidi Grebinger returns for her third season with the Bears. She has played in all of Potsdam's 66 games over the last two seasons, starting 62. Grebinger has a career batting average of .367 (72-for-196) with 13 doubles, 11 homeruns, 29 RBIs, and 42 runs scored.

2010: Started all 32 games ... second on the team batting average (.365) and on-base percentage (.394) ... led the team in hits (38), runs scored (21), doubles (8), homeruns (7), RBIs (18), slugging percentage (.644), and total bases (67)

2009: Second on the team in batting average (.370), hits (34) doubles (5), homeruns (4), on-base percentage (.426), and total bases (51) ... led the team with 21 runs scored

Personal: Daughter of Richard Grebinger ... majoring in studio art



5-10 Jr.
Bats: R Throws: R
Malone, N.Y.
Franklin Academy

14

MEAGHAN PATTERSON

Pitcher/Outfield

Meaghan Patterson returns for her third season with the Bears. She has posted a 1-4 record in 21 appearances, including 6 starts, with a career earned run average of 4.75 in 53.1 innings pitched with 33 strikeouts.

2010: Made three starts in 11 appearances ... posted 0-3 record with 6.39 ERA in 30.2 innings pitched ... recorded 15 strikeouts ... offensively had two doubles in seven at-bats with three runs scored and four total bases

2009: Made three starts in 10 appearances ... posted 1-1 record with 3.18 ERA in 22.2 innings pitched ... recorded 18 strikeouts

Personal: Daughter of Cindy and Greg Patterson ... majoring in childhood education with a minor in history



5-7 So.
Bats: R Throws: R
Indian Lake, N.Y.
Indian Lake H.S.

2

NICOLE BLANCHARD

Outfield

Nicole Blanchard returns for her second season with the Bears.

2010: Played in five games ... scored one run

Personal: Daughter of Wayne and Jean Blanchard ... majoring in art studio with a minor in art therapy ... career ambition is to work in art industry ... played soccer and basketball in high school ... favorite TV show is "Golden Girls" ... favorite movie is "Cool Runnings" ... favorite musician is Dave Matthews ... favorite food is mashed potatoes ... favorite athlete is David Wright ... favorite team is the New York Mets ... when not on the softball diamond can be found in the art studio ... if not softball would play basketball



5-4 Jr.
Bats: R Throws: R
Buffalo, N.Y.
Clarence H.S.

7

KATIE NAWROT

Pitcher/Infield

Katie Nawrot returns for her third season with the Bears. She has posted a 7-16 record in 29 appearances, including 25 starts, with a career earned run average of 6.07 in 132.2 innings pitched with 51 strikeouts.

2010: Made 15 starts in 16 appearances ... posted 3-9 record with 6.84 ERA in 72.2 innings pitched ... second on pitching staff with 33 strikeouts ... offensively had one hit, one run scored, and one RBI

2009: Made 10 starts in 13 appearances ... posted 4-7 record with 6.60 ERA in 60 innings pitched ... tied for third on pitching staff with 18 strikeouts

Personal: Daughter of Lynne and David Nawrot ... majoring in biology



5-7 Jr.
Bats: R Throws: R
West Seneca, N.Y.
West H.S.

28

BRITTANY PAWLOWSKI

Pitcher

Brittany Pawlowski returns for her third season with the Bears. She has posted a 11-20 record in 37 appearances, including 30 starts, with a career earned run average of 4.78 in 180 innings pitched with 114 strikeouts.

2010: Made 14 starts in 19 appearances ... posted 5-10 record with 10 complete games ... 5.29 ERA in 83.1 innings pitched ... recorded a team-best 52 strikeouts ... offensively hit .143 (11-for-74) with 10 runs scored, 11 RBIs, and one homerun

2009: Made 16 starts in 18 appearances ... posted 6-10 record with nine complete games ... 5.59 ERA in 96.2 innings pitched ... recorded team-best 62 strikeouts ... offensively hit .311 (19-for-61) with seven runs scored, five RBIs, and 20 total bases

Personal: Daughter of Ken and Donna Pawlowski ... majoring in criminal justices with a minor in community health



5-6 So.
Bats: R Throws: R
Watertown, N.Y.
Watertown H.S.

5

JENN JONES

Shortstop

Jenn Jones begins her first season with the Bears.

Personal: Daughter of Michael Jones and Kathleen Wilken ... transferred from Jefferson Community College ... majoring in early childhood education ... also played soccer and basketball in high school ... career ambition is to be an elementary teacher ... favorite TV shows are "Jersey Shore" and "The Game" ... favorite movie is "Love and Basketball" ... favorite Web site is Facebook ... favorite foods are mac and cheese and chicken ... favorite sports teams are the Boston Celtics and Green Bay Packers ... when not on the softball diamond can be found in the gym playing basketball

2011 softball season preview: Bears look to climb SUNYAC standings with defense, pitching

There is no doubt the need for competition will drive the 2011 SUNY Potsdam softball team when the regular season begins this Sunday, March 6, in Ft. Myers, Fla.

Bears head coach Shannon Dillabough hopes – and believes – that competition has fueled his players to perform during the preseason as well.

According to Dillabough, who enters his seventh season at the helm, several starting spots are still up in the air as the preseason winds down and regular season play begins.

“For the last couple years, we really haven’t had a lot of competition for spots ... this year, we have a lot of competition,” Dillabough said. “The freshmen have worked hard, which is good, because it’s pushing the girls who have been here for a while.”

In 2010, Potsdam finished ninth in the State University of New York Athletic Conference with a 4-16 league record to go along with an 8-24 overall mark. The Bears finished last in the conference in earned run average and fielding percentage, two areas Dillabough is confident the team can improve this season.

The team hopes to be in the top three in the conference in fielding percentage, earned run average and walks allowed.

“For the last couple years, defense and pitching have been, unfortunately, our weaknesses,” Dillabough said. “This year, we’ve really tried to refocus on the basics and just playing the game right.”

Offensively, the Bears return several key hitters from a season ago. Dillabough believes this will be an area of strength for the 2011 team.

“We’ve got some power in the middle of the lineup, we have versatility and we have some speed at the top of the lineup,” Dillabough said. “We can do a couple different things with the bat, so hopefully we’ll be able to move runners over better than we have in the past and drive them in.”

Potsdam’s four seniors – Allison Breivogel, Susan Garrett, Jessica Brower and Dana Vollmuth – lead a group of 11 returners, who welcome eight newcomers to the program. Dillabough hopes for a group leadership effort instead of only relying on Breivogel, the team’s captain, to take charge.

“Allison has done an excellent job as far as the leadership role goes, but I’m really looking for more like a team attitude or atmosphere from everybody,” Dillabough said. “We’ve got a different mix, so I’m just kind of looking for everybody to find their place ... whatever is asked of you to do, you do it for the better of the team.”

After a slate of 10 non-conference games at the Gene Cusic Classic in Ft. Myers, Fla., from March 6-11, the Bears open their home schedule on April 1 against SUNYAC rival Plattsburgh.

In addition to the regular line-up of league opponents, Potsdam takes on North Country foes SUNY Canton and St. Lawrence, as well as SUNYIT, in a busy April.

“The SUNYAC is one of the toughest softball conferences in Division III in the country,” Dillabough said. “Every year we have one, if not two, teams ranked nationally. The goal (of the Florida games) is, ultimately, to get ready for SUNYACs. We don’t want to have any question marks or injuries, and we need to be healthy and have a good idea of what our team strengths are.”

(continued on page 4)

2011 SOFTBALL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown/High School
00	Heidi Grebinger	OF	5-6	Jr.	Bellmore, N.Y./W.C. Mephram
1	Molly Zehler	P/1B	5-6	Fr.	Penfield, N.Y./Penfield
2	Nicole Blanchard	OF	5-7	So.	Indian Lake, N.Y./Indian Lake
4	Allison Breivogel*	OF	5-1	Sr.	Bellmore, N.Y./W.C. Mephram
5	Jenn Jones	SS	5-6	So.	Watertown, N.Y./Watertown
6	Miranda Gokey	2B	5-3	Fr.	Glenfield, N.Y./South Lewis
7	Katie Nawrot	P/INF	5-4	Jr.	Buffalo, N.Y./Clarence
8	Megan Johnson	2B/P	5-4	Fr.	Heuvelton, N.Y./Heuvelton
9	Ashley Thayer	P/OF	5-8	Fr.	Winthrop, N.Y./St. Lawrence
10	Amanda Perry	C/OF	5-4	So.	South Glens Falls, N.Y./South Glens Falls
11	Shannon Pagliaro	UT	5-3	Fr.	Beacon, N.Y./Beacon
12	Molly McCuin	3B	5-8	Fr.	Brasher Falls, N.Y./Brasher Falls
13	Susan Garrett	C/OF	5-5	Sr.	Queens Village, N.Y./St. Francis Prep
14	Meaghan Patterson	P/OF	5-10	Jr.	Malone, N.Y./Franklin Academy
15	Gabrielle Ryan	UT	5-1	Fr.	Nyack, N.Y./Nyack
20	Heather Johnson	2B/OF	5-6	So.	Heuvelton, N.Y./Heuvelton
23	Jessica Brower	3B	5-5	Sr.	Staten Island, N.Y./Susan E. Wagner
28	Brittany Pawlowski	P	5-7	Jr.	West Seneca, N.Y./West Seneca West
33	Dana Vollmuth	C/1B	5-3	Sr.	Great River, N.Y./East Islip

4 2011 SEASON PREVIEW

Here is a position-by-position look at the 2011 Bears.

Pitcher

Junior Brittany Pawlowski (West Seneca, N.Y.) headlines a pitching staff which returns its top three contributors in terms of appearances from last season.

Pawlowski, who has been the staff ace for the last two seasons, finished with a 5.29 earned run average while picking up a team-leading five wins in 19 appearances, including 10 complete games.

Juniors Katie Nawrot (Buffalo, N.Y.) and Meaghan Patterson (Malone, N.Y.) also return to the staff. Nawrot posted a 3-9 record in 16 appearances, including a team-high 15 starts, while Patterson, who is projected to be a reliever, registered a 6.39 ERA in 11 appearances.

Other players projected to earn a spot in the rotation include freshmen Molly Zehler (Penfield, N.Y.), Ashley Thayer (Winthrop, N.Y.) and Megan Johnson (Heuvelton, N.Y.). Thayer has been impressive in the preseason and will be in the mix to start.

Catcher

Potsdam will begin the season with two catchers – Garrett (Queens Village, N.Y.) and sophomore Amanda Perry (South Glens Falls, N.Y.).

Perry was named first-team All-SUNYAC in 2010 after batting .286 with a rock-solid .991 fielding percentage. She threw out eight potential base stealers, good for second in the league. Dillabough sees Perry having a big 2011 season.

Garrett, who appeared in 23 games (20 starts) a year ago, handles the pitchers well and does whatever is asked of her to help the team. She is expected to split time with Perry behind the plate.

Infield

Vollmuth and Zehler are penciled in to play first base. According to Dillabough, Zehler's bat has come alive in the last few weeks.

Vollmuth, a 2009 All-SUNYAC honoree as a catcher, led the team and finished 12th in the conference last year with a .385 batting average. After battling a hand injury, Vollmuth is fully healthy and expected to produce another fine offensive season.

At second base, sophomore Heather Johnson (Heuvelton, N.Y.) is expected to compete with her sister, Megan Johnson, as well as freshman Miranda Gokey (Glenfield, N.Y.). Megan Johnson and Gokey are each currently combating knee injuries.

Heather Johnson batted .300 with eight doubles, which tied for the team high, last season.

Johnson and sophomore Jenn Jones (Watertown, N.Y.), who transferred from Jefferson Community College, will see time at shortstop.

At third base, Brower (Staten Island, N.Y.) is being challenged by freshman Molly McCuin (Brasher Falls, N.Y.) for playing time. Brower started all 32 games a year ago, posting 14 RBIs.

Nawrot is also expected to see time on the infield.

Outfield

Breivogel (Bellmore, N.Y.) and junior Heidi Grebinger (Bellmore, N.Y.) return as the top two outfielders for the Bears.

Breivogel batted .270 and led the team with four stolen bases in 2010. A switch hitter, Breivogel will see the majority of her time in left field and will bat at the top of the order as a slap hitter with speed.

A potential All-SUNYAC performer, Grebinger led the team and the conference with seven homeruns while finishing third in the league with a .644 slugging percentage last season. She also posted team bests in runs (21), hits (38), doubles (eight) and RBIs (18) while finishing with a .365 batting average.

Sophomore Nicole Blanchard (Indian Lake, N.Y.) is also expected to compete for a spot in the outfield. Others in the mix include Thayer, the team's lone left-handed hitter, as well as Perry, Garrett, Patterson and Heather Johnson.

Freshmen Shannon Pagliaro (Beacon, N.Y.) and Gabrielle Ryan (Nyack, N.Y.) are utility players who will add depth to the Potsdam bench.

2011 Softball Senior Class





5-1 Sr.
 Captain
 Bats: S Throws: L
 Bellmore, N.Y.
 W.C. Mepham H.S.

4

ALLISON BREIVOGEL

Outfield

Allison Breivogel returns for her third season with the Bears. She has played in 65 games over the last two seasons, starting 59. Breivogel has a career batting average of .242 (45-for-186) with 3 doubles, one triple, nine RBIs, 29 runs scored, and 10 stolen bases.

2010: Started all 32 games ... batted .270 (27-for-100) ... second on the team in runs scored with 17 ... had three RBIs, two doubles, 29 total bases ... led the team with four stolen bases

2009: Played in 33 games, starting 27 ... batted .209 (18-for-86) ... had 12 runs scored, one double, one triple, six RBIs, 21 total bases ... led the team with six stolen bases

Personal: Daughter of Carolyn and Robert Breivogel ... majoring in communications



5-5 Sr.
 Bats: R Throws: R
 Queens Village, N.Y.
 St. Francis Prep H.S.

13

SUSAN GARRETT

Catcher/Outfield

Susan Garrett returns for her fourth season with the Bears. She has played in 79 games over the last three seasons, starting 74. Garrett has 35 career hits with three triples, one homerun, 20 RBIs, and 20 runs scored.

2010: Played in 23 games, starting 20 ... batted .143 (6-for-42) ... four runs scored, four RBIs, six total bases, one stolen base

2009: Played in 23 games, starting 21 ... one homerun, four RBIs ... led the team in walks (10) and fielding percentage (.977)

2008: Played in all 34 games, starting 33 ... batted .256 (23-for-90) ... third on the team in RBIs with 12 ... led the team with 13 walks

Personal: Daughter of Candace and Thomas Garrett ... majoring in chemistry



5-5 Sr.
 Bats: R Throws: R
 Staten Island, N.Y.
 Susan E. Wagner H.S.

23

JESSICA BROWER

Third Base

Jessica Brower returns for her fourth season with the Bears. She has played in 98 games over the last three seasons, starting 95. Brower has a career batting average of .242 (64-for-265) with 12 doubles, three triples, six homeruns, 43 RBIs, and 38 runs scored.

2010: Started all 32 games ... batted .238 (20-for-84) ... 14 RBIs, nine runs scored, 23 total bases

2009: Played in 32 games, starting 29 ... tied for team lead in RBIs (19) and homeruns (5) ... third on the team in runs scored (14), total bases (43), and slugging percentage (.489)

2008: Started all 34 games ... eight doubles, one triple, one homerun, 10 RBI's, 34 total bases, five walks

Personal: Daughter of Gary Brower ... majoring in criminal justice with a minor in pre-law



5-3 Sr.
 Bats: R Throws: R
 Great River, N.Y.
 East Islip H.S.

33

DANA VOLLMUTH

Catcher/First Base

Dana Vollmuth returns for her third season with the Bears. She has started all 63 games she's played in. Vollmuth has a career batting average of .397 (77-for-194) with 11 doubles, 7 homeruns, 34 RBIs, and 28 runs scored.

2010: Led the team with .385 (37-for-96) batting average, hits (37), and on-base percentage ... 11 runs scored, five doubles, two homeruns, and 15 RBIs

2009: Member of the All-SUNYAC team ... led Bears with .408 (40-for-98) batting average, hits (40), doubles (6), homeruns (5), slugging percentage (.622), on-base percentage (.437), RBIs (19), and total bases (61)

Personal: Daughter of Wendy and Tom Vollmuth ... majoring in childhood education with a minor in biology

