



# MEN'S LACROSSE

2007 - 2008 Team Guide



George Nolan

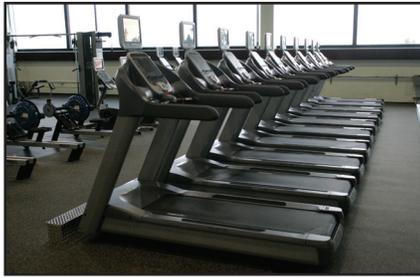


Ryan Puvogel



Nik Bryan

# ***Fitness Center Upgrade***



SUNY Potsdam is on the cutting edge of having the latest and best equipment and staff available to help their student athletes reach their full potential!

SUNY Potsdam recently made a major investment towards the improving the health and wellness of its campus community by significantly upgrading cardio and weight equipment in the Shane T. Shaul Fitness Center.

Students now have numerous fitness options to pursue within the center, including both free weight stations and a Cybex Eagle circuit as well as 38 new cardio machines, including: 10 Precor Treadmills, 10 Precor Ellipticals, 6 Cybex Arc Trainers, 2 Precor Steppers, 3 Precor Upright Bikes, 3 Precor Recumbent Bikes, 3 First Degree Fluid Rowers and 1 ScitFit Pro1 Upper Body Ergometer.

“Cardio Entertainment” is integrated into 34 of the 38 cardio stations. A personal viewing screen (PVS) allows users to choose and watch their favorite show via the campus cable network during their workout! Headphones from any portable music device can be used on the units with the PVS option.

In addition to the fitness center’s new equipment, a full-time fitness director and a well-trained staff are available to help design individualized workout routines and to ensure a safe and clean facility. Numerous group fitness classes are available throughout the year.



**ATHLETICS CONTACTS**

**Athletic Director:** Jim Zalacca .....zalaccja@potssdam.edu...315-267-2314  
**Director of Facilities:** Jamie Hoose.....hoosejo@potssdam.edu...315-267-2305  
**Assistant Athletic Director:** Bill Mitchell .....mitchewj@potssdam.edu...315-267-2307  
**Athletic Trainer:** Chris Jorstad.....jorstacj@potssdam.edu...315-267-2304  
**Athletic Trainer:** Heather Pike.....keithha@potssdam.edu...315-267-2304  
**Assistant Athletic Trainer:** Lisa I. Brown .....brownli@potssdam.edu...315-267-3004  
**Department Secretary:** Sharon Mourick Logan.....logansa@potssdam.edu...315-267-3484  
**Department Fax** .....315-267-2316  
**Sports Information Director:** Boyd Jones.....joneswb@potssdam.edu...315-267-2315  
**Assistant Sports Information Director:** Liz Judge.....judgees@potssdam.edu...315-267-3476  
**Sports Information Fax:** 315-267-3370      **Sports Hotline:** 315-267-2152      **Sports Website:** www.potssdam.edu/sports

**MEN'S LACROSSE CONTACTS**

**Head Coach**.....Rick Berkman  
**Office Phone**.....315-267-2317  
**E-mail**.....berkmarw@potssdam.edu  
**Assistant Coach**.....Ben Gaebel  
**Academic Coordinators**.....Chris Jorstad and  
.....Dr. Carrie Scherzer

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**2008 SCHEDULE**

Date	Day	Opponent	Time
<b>Mar. 18</b>	<b>Tue.</b>	<b>CAZENOVIA</b>	<b>4:00 PM</b>
Mar. 22	Sat.	Elmira @ Watertown HS	2:00 PM
Mar. 24	Mon.	at Clarkson	4:00 PM
Mar. 26	Wed.	at RPI	4:00 PM
Mar. 29	Sat.	at Keuka	1:00 PM
<b>Apr. 2</b>	<b>Wed.</b>	<b>ST. LAWRENCE</b>	<b>4:00 PM</b>
Apr. 5	Sat.	at Morrisville State	1:00 PM
<b>Apr. 9</b>	<b>Wed.</b>	<b>ONEONTA</b>	<b>4:00 PM</b>
Apr. 12	Sat.	at Brockport	2:30 PM
<b>Apr. 16</b>	<b>Wed.</b>	<b>PLATTSBURGH</b>	<b>4:00 PM</b>
Apr. 19	Sat.	at Geneseo	1:00 PM
Apr. 23	Wed.	at Oswego	4:00 PM
<b>Apr. 26</b>	<b>Sat.</b>	<b>CORTLAND</b>	<b>1:00 PM</b>
Apr. 30	Wed.	SUNYAC Semi-Final	4:00 PM
May 3	Sat.	SUNYAC Championship	1:00 PM

**HOME EVENTS IN BOLD CAPS****MEDIA GUIDE CREDITS**

The Bears Lacrosse Guide is produced by the SUNY Potsdam Office of Sports Information.

**Editor**.....Boyd Jones      **Graphic Designer**.....Raymond Ameigh

**POTSDAM "BEAR" FACTS**

**Location**.....Potsdam, New York      **Founded**.....1816  
**President**.....John F. Schwaller      **Nickname**.....Bears  
**Enrollment**.....4,336      **Colors**.....Maroon and Gray  
**Conference**.....SUNYAC



### ***RICK BERKMAN - HEAD COACH***

Rick Berkman, the 2007 SUNYAC Coach of the Year, recently completed his thirteenth season as the head coach of the men's lacrosse program at SUNY Potsdam. During Berkman's tenure the Bears have had eight winning seasons, eleven post-season appearances, a conference championship and amassed an impressive 43-34 mark in conference play.

In 1997, Berkman was named Empire Lacrosse League "Coach of the Year" after guiding Potsdam to its first-ever Empire Lacrosse League championship. He also took the Bears to the first of eleven post-season appearances in 1995.

Coach Berkman was named the 1998 USLCA (United States Lacrosse Coaches Association) "Man of the Year". Berkman was recognized for his contributions to the growth of lacrosse in the North Country. He has organized several lacrosse clinics, tournaments and youth leagues since his arrival to Potsdam.

In 1999, the Bears reached the ECAC (Eastern College Athletic Conference) Championship game and came within one goal of winning their first post-season title.

Potsdam set a school record for wins in 2000 with 10 and was also an ECAC semi-finalist reaching the post-season for the fourth consecutive year.

From 2001 through 2005, the Bears finished in fourth place in their SUNYAC conference which qualified them for post-season action each year. Potsdam faced SUNY Cortland each year from '01 through '05 when they lost close first round tournament games. In 2007 the men finished 3rd before losing to Geneseo in the SUNYAC and RIT in the ECAC.

Berkman also serves as a Physical Education Instructor at SUNY Potsdam and is on the NCAA Lacrosse Advisory Committee. He also coaches the Men's Varsity Golf team.

Prior to Potsdam Berkman served as assistant coach at Salisbury State, where he helped guide the Seagulls to three consecutive NCAA tournaments and their first NCAA National Championship in 1994.

As a player for the Seagulls, Berkman led the team to a National Championship appearance in 1991 only to fall one goal short to eventual champion Hobart College. That season he was named a first team All-American and captained his team in the prestigious North/South game.

Coach Berkman his wife Jessica and their son Tyler reside in the village of Potsdam. The Berkman's are expecting the birth of their second child this spring.

### ***BEN GAEBEL - ASSISTANT COACH***

Ben Gaebel joined the SUNY Potsdam community last fall as an assistant coach for both men's lacrosse and men's golf. His lacrosse responsibilities are focused primarily upon coaching the defense and goalies. Ben is also heavily involved with player recruiting.

Coach Gaebel also works in many lacrosse camps and clinics including those at: Lemoyne, Hobart, Syracuse, Carthage, and Syracuse University. Additionally Ben has worked in the Powell Brothers Lacrosse Camps.

A 2006 graduate of SUNY Cortland, Gaebel was an All-American goalie for the Red Dragons and starting goalie of their '06 National Champion team. Ben was also named to the All-SUNYAC team in both 2005 and 2006. He finished at Cortland with a major in Athletic Training.

Prior to his illustrious college lacrosse career, Ben was an All-Northern goalie at Carthage High School. He was named a Frontier League All-Star in both 2001 and 2002. During his tenure at Carthage, his team twice finished as runner-ups for the New York State Championship. Gaebel also played varsity basketball for two years and football for three years



**2008 Men's Lacrosse Season Outlook**

The Bears finished the 2007 season third in the conference with a record of 4-2. The team advanced to the SUNYAC Playoffs as the third seed where they lost to Geneseo 14-8 in the semi-finals. The Bears also were selected to participate in the ECAC Tournament where they fell to a strong RIT team 14-7 in the semi-finals.

The '08 team will face some big non-conference games against RPI, Clarkson and SLU. The team will also be home for several big games including SUNYAC match-ups with Oneonta, Plattsburgh and Cortland.

**Attack**

This year's attack will have to replace 2nd Team SUNYAC All-Star and captain Matt Vaverchak who was the team's second leading scorer a year ago and a four year starter for the Bears. Although the departure of Vaverchak is a big one, the team returns four veterans who gained valuable experience a year ago.

Returning to the starting line-up are sophomores Kyle Phelix (14g,8a) and Justin Wilson-Kirby (14g,2a). Phelix is the main ball carrier and set-up man while Kirby is a strong finisher and shooter from the outside. Jordan Joncas(3g) is a lefty who will look to fill the third spot or help the Bears on the man-up team. Evan Sovring is a strong attackman who plays on the crease and will look to contribute this year.

The Bears attack will also feature three freshman: Cody Schroeder, Kevin Green and Garrett Sharp. Each of these rookies had successful high school careers and will look to earn their way into the starting line-up.

**Offensive Midfield**

The offensive midfield unit will be led by six veterans and one transfer who have all gained valuable experience over the past two seasons. Leading the unit will be junior Corey Reinhart (25g,12a) who was a SUNYAC 2nd Team All-Star and the team's Offensive MVP in '07. Corey is a very strong offensive middle who possesses a very hard shot and excellent dodging ability. Also returning to the midfield are senior George Nolan (5g,18a) and junior captain Conor O'Neil (10g,7a). Nolan is one of the Bears primary set-up men and best dodgers while O'Neil is a dangerous threat shooting the ball from the outside.

The Bears also return three other veterans: Nik Bryan (3g,3a), Sean Sawyer (1g) and face-off specialist and captain Chris Kowalczyk (53%). Zac McIlmoyle is a transfer who comes to the program from Peterborough, Ontario and should fit into the Bears offense as an immediate impact player.

Seven promising freshman: Sam Dutkowsky, Braden Gallant, Dustin Dunn, Jordan Manzer, Mike Elsworth, Joe Stanley and Kyle Green are all very solid players who will push for playing time as freshman.

**Defensive Midfield**

The defensive midfield unit will be led by three returners who all had excellent seasons a year ago and were key to the Bears playoff run in '07. Junior Ryan McHugh and sophomores Ben McCullough ('07 Co-Freshman of the Year) and Andy Deer ('07 Most Improved) are the veterans that will lead a very athletic defense from the midfield position. McCullough and Deer are the returning starters who both possess excellent speed and toughness in the middle of the field. McHugh is a very capable athlete who will look to push for a starting spot in '08. Two freshman: Jemray Reape and Brad Galante will add size and strength to the defensive midfield position.

The long-stick midfield position will be led by one senior and three sophomores. Senior Ryan Puvogel will look to lead the group with his aggressive play in between the lines. Sophomore Dan MacRae ('07 Co-Freshman of the Year and '08 SUNYAC Pre-Season 1st Team Selection) has worked very hard in the off-season and will look to dominate the middle of the field for Potsdam. The Bears also have transfer Rob Schloop who had an outstanding fall season and now seems ready to make an impact for the team. Dave Blackburn (56%) is the fourth long pole who makes his impact at the face-off position.

**Defense**

The defensive unit returns three starters from a year ago and a few returners who will give the Bears added depth and experience at the position. Leading the unit are senior Brett Wetzal and junior captain AJ Lalonde who was a 2nd Team SUNYAC All-Star and the team's Defensive MVP in '07. Wetzal is a very good one on one defender and shut down player while Lalonde plays a very physical and intimidating style of defense with the ability to take the ball away at any time. The third returning starter is sophomore Brogin VanSkoik who brings a combination of toughness and athleticism to help shut down the opposition.

Also returning to the defense after missing the '07 season due to injury is junior James Mulligan who was a 1st Team SUNYAC All-Star in '05 and a 2nd teamer in '06. James will look to step right into the starting rotation and give the Bears experience and leadership on defense. Two other veterans: junior captain Steve Tristan and senior Joe Nichols will look to earn their way into the Bears defensive line-up. Along with a talented and experienced defense the team welcomes in two very highly touted freshman in Nich Sansone and Tyler Pound.

**Goal**

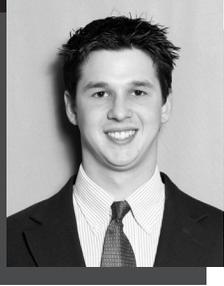
In goal the Bears will have to replace Brian Hondorf who was a 1st Team SUNYAC All-Star and the team MVP in '07. Looking to fill that spot will be sophomore Billy Richards who gained valuable experience in '07 and looks poised to assume the duties this year. Billy is a very athletic goalie who is capable of making the big save and getting the transition game started with his outlet passes. Three highly recruited freshman: Chris Ehde, Calvin Thomas and Pat Corbine will look to push for the starting position.

**2007 - 2008 Men's Lacrosse Roster**

#	NAME	POS	YR	HT	WT	HOMETOWN/HIGH SCHOOL
1	Zac McIlmoyle	Midfield	So	5-10	182	Peterborough, Ont./Berkshire School
2	Billy Richards	Goalie	So	6-0	169	Niskayuna, NY/Niskayuna
4	Andy Deer	Midfield	So	5-9	163	Vestal, NY/Vestal
5	Cody Schroeder	Attack	Fr	6-1	185	Fayetteville, NY/East Syracuse Minoa
6	Jordan Joncas	Attack	So	5-9	163	Kanata, Ont./Holy Trinity Catholic
7	Justin Wilson-Kirby	Attack	So	5-7	181	Burlington, Ont./T.A. Blakelock
8	Nick Sansone	Defense	Fr	6-4	190	Clifton Park, NY/Shenendehowa
9	Kevin Green	Attack	Fr	5-7	194	Fairport, NY/Penfield
10	Nik Bryan	Midfield	Sr	6-0	177	Fairport, NY/Fairport
11	Garrett Sharp	Attack	Fr	5-8	170	Canton, NY/Canton
12	Conor O'Neill*	Midfield	Jr	5-10	170	Ballston Lake, NY/Shenendehowa
13	Sam Dutkowsky	Midfield	Fr	5-9	172	Vestal, NY/Vestal
14	Ryan Puvogel	LSM	Sr	6-4	202	Altamont, NY/Guilderland
15	Kyle Phelix	Attack	So	5-8	160	North Lawrence, NY/St.Lawrence Central
16	Dan MacRae	LSM	So	6-2	201	Oakville, Ont./Holy Trinity Catholic
17	Ryan McHugh	Midfield	Jr	5-9	164	Lake Clear, NY/Saranac Lake
18	Chris Ehde	Goalie	Fr	6-1	195	Minoa, NY/East Syracuse Minoa
20	Ben McCullough	Midfield	So	5-9	178	Brampton, Ont./Turner-Fenton
21	Chris Kowalczyk*	Midfield	Sr	6-1	187	Burlington, Ont./Burlington
22	Steve Tristan*	Defense	So	5-10	220	Vestal, NY/Vestal
23	Brad Galante	Midfield	Fr	6-1	177	Burlington, Ont./Lester B. Pearson
24	George Nolan	Midfield	Sr	5-10	161	Marcellus, NY/Marcellus
25	Corey Reinhart	Midfield	Jr	6-1	194	Albany, NY/Colonie
26	Braden Gallant	Midfield	Fr	5-8	160	Burlington, Ont./Nelson
27	Dustin Dunn	Midfield	Fr	5-9	178	Peterborough, Ont./St.Peter's Secondary
28	Sean Sawyer	Midfield	Fr	5-8	174	Rochester, NY/Eastridge
29	David Blackburn	Defense	So	6-0	221	Heuvelton, NY/Heuvelton
30	Brogin VanSkoik	Defense	So	5-10	216	North Syracuse, NY/Cicero North Syracuse
31	Joe Stanley	Midfield	Fr	5-9	171	Lakefield, Ont./St.Peter's Secondary
32	James Mulligan	Defense	Jr	5-10	190	Hudson, MA/Carthage
33	AJ Lalonde*	Defense	Jr	6-1	190	Rochester, NY/Rush Henrietta
34	Brett Wetzel	Defense	Sr	5-10	178	Ithaca, NY/Ithaca
35	Rob Schloop	LSM	So	5-10	182	Watertown, NY/Immaculate Heart Central
36	Tyler Pound	Defense	Fr	6-3	195	Watertown, NY/Watertown High School
38	Jordan Manzer	Midfield	Fr	5-9	161	Canandaigua, NY/Canandaigua
42	Joe Nichols	Defense	Jr	5-10	190	Cortland, NY/Cortland
43	Pat Corbine	Goalie	Fr	5-10	256	Canton, NY/Canton
44	Jemray Reape	Midfield	Fr	6-1	205	Carthage, NY/Carthage
45	Mike Elsworth	Midfield	Fr	5-9	167	Clifton Park, NY/Shenendehowa
47	Kalvin Thomas	Goalie	Fr	5-10	200	Peterborough, Ont./St.Peter's Secondary
48	Kyle Green	Midfield	Fr	6-2	195	Bel Air, MD/Bel Air
49	Evan Sovring	Attack	So	5-10	200	Liverpool, NY/Oswego

\*Denotes Captain

**Conor O'Neill • 12**



- Junior • Midfield • 5-10
- Ballston Lake, NY
- Shanendehowa

"Conor is one of our captains who is a very hard worker, great student and a leader on the team...he will look to run on the first midfield after having a breakout year in '07...he is an excellent dodger and a very dangerous shooter."

Major:  
**Psychology**

*-Coach Berkman*

**Chris Kowalczyk • 21**



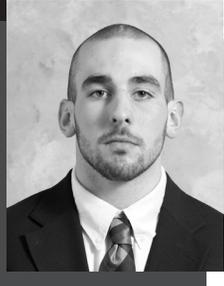
- Senior • Midfield • 6-0
- Burlington, Ont.
- Burlington

"Chris is one of our team captains and also a four year player for the Bears... his impact is mainly on the face-offs where he has had success throughout his career and he also has the ability to play on the man-up team."

Major:  
**Creative Writing**

*-Coach Berkman*

**AJ Lalonde • 33**



- Junior • Defense • 6-0
- Henrietta, NY
- Rush Henrietta

"AJ is one of our team captains and was also the defensive mvp and a second team sunyac all-star in '07... he is the hardest worker on the team who shows great leadership skills...a very athletic defender who is capable of shutting down the opponents top attackman and taking the ball away to help get the transition game started."

Major:  
**Psychology**

*Coach Berkman*

**Nicholas Bryan • 10**



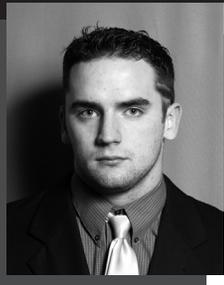
- Senior • Midfield • 6-0
- Fairport, NY
- Fairport High

"Nik is a four year player for the Bears who will look to push for the first mid-field unit and continue to help the team on man-up where he has had a big impact the last few seasons with a strong left handed shot."

Major:  
**Business**

*-Coach Berkman*

**Ryan Puvogel • 14**



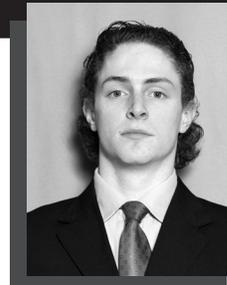
- Senior • LSM • 6-4
- Altamont, NY
- Guilderland

"Ryan is a senior who has had a big impact throughout his career as one of our long stick middies...he is a big strong athlete who patrols the middle of the field and helps shut down the opponents top middies."

Major:  
**Business**

*-Coach Berkman*

**George Nolan • 24**



- Senior • Midfield • 5-10
- Marcellus, NY
- Marcellus

"Fourth year player who will be a key factor in Bears offensive scheme... he is a skilled offensive player looking to maintain his consistency throughout the season."

Major:  
**Political Science**

*-Coach Berkman*

## RETURNERS

### Brett Wetzel • 34



- Senior • Defense • 5-10
- Ithaca, NY
- Ithaca

"Brett is a four year impact player who was moved to close defense in '07 and had a great year in leading the defense...he is a very smart player who is the on-field leader of the defense and he is very good at helping in the clearing game."

Major:  
History

-Coach Berkman

### Joe Nichols • 42



- Senior • Defense • 5-9
- Cortland, NY
- Cortland

"Joe returns for his junior season after red-shirting a year ago due to off-season shoulder surgery.... he is a solid position defender who also has an impact on the man-down unit."

Major:  
Criminal  
Justice

-Coach Berkman

### Ryan McHugh • 17



- Junior • Midfield • 5-9
- Saranac Lake, NY
- Saranac Lake

"One of the best athletes on the team who has a big impact in between the lines and playing defensive middle for the Bears...he will give the Bears added depth and speed in the midfield."

Major:  
Business

-Coach Berkman

### Corey Reinhart • 25



- Junior • Midfield • 6-1
- Albany, NY
- Colony

"Corey was a second team SUNYAC all-star, the teams offensive mvp and led the team in goals scored in '07... he is big, strong middle who creates match-up problems for the opponents defense...Corey is ready to have a big year and lead the offense again in '08."

Major:  
Writing

-Coach Berkman

### James Mulligan • 32



- Junior • Defense • 5-10
- Hudson, MA
- Carthage

"James is a two-time SUNYAC all-star who suffered a season ending injury a year ago...he comes into the season in the best shape of his career and will look to regain his starting position and be a dominant force on the defensive end of the field."

Major:  
Employment  
Relations

-Coach Berkman

### Billy Richards • 2



- Sophomore • Goalie • 6-0
- Niskayuna, NY
- Niskayuna

"Billy is the lone returning goalie who will look to step into the starting position after getting some quality experience as a freshman... he is a very athletic goalie and a fierce competitor who is ready to make a big impact for the Bears."

Major:  
Communications

-Coach Berkman

**Andy Deer • 4**

- Sophomore • Midfield • 5-9
- Vestal, NY
- Vestal

"Last years most improved player award winner who has worked very hard in the weight room in the off-season and is ready to help lead the defensive middle position in '08."

Major:  
**Biology**

*-Coach Berkman*

**Jordan Joncas • 6**

- Sophomore • Attack • 5-9
- Kanata, Ont.
- Holy Trinity Catholic

"A lefty who shoots the ball very well and will look to work his way into the attack rotation and help the Bears on man-up situations."

Major:  
**Undeclared**

*-Coach Berkman*

**Justin Wilson-Kirby • 7**

- Sophomore • Attack • 5-7
- Burlington, Ont.
- T.A. Burlington

"Kirby-a dominant goal scorer when he gets the ball around the opposing goal who started for the Bears as a freshman .....Kirby will look to double his numbers from a year ago and lead a young attack back to the playoffs again in '08."

Major:  
**Undeclared**

*-Coach Berkman*

**Kyle Phelix • 15**

- Sophomore • Attack • 5-7
- North Lawrence, NY
- North Lawrence

"A starter in every game as a freshman and one of the toughest and most competitive players on the team...he has worked extremely hard in the weight room in the off-season which should help him double his numbers from a year ago and give him the confidence to be the quarterback of the offense this year."

Major:  
**Undeclared**

*-Coach Berkman*

**Dan MacRae • 16**

- Sophomore • LSM • 6-2
- Oakville, Ont.
- Holy Trinity Catholic

"Last seasons co-rookie of the year and a pre-season first team sunyac all-star selection...Dan is a very dominant long stick middle with exceptional stick skills and his ability to get groundballs and clear the ball will help start the transition game for the Bears...he has worked very hard in the weight room and is prepared to be a dominant player in '08."

Major:  
**Undeclared**

*-Coach Berkman*

**Ben McCullough • 20**

- Sophomore • Midfield • 5-9
- Brampton, Ont.
- Turner-Fenton

"Last seasons co-rookie of the year who started every game as a freshman...Ben is a fierce competitor with exceptional speed and also has the ability to score goals from his defensive middle position...he will look to dominate on groundballs and clears which will lead the Bears transition game."

Major:  
**Undeclared**

*-Coach Berkman*

# RETURNERS

## Steve Tristan • 22



- Sophomore • Defense • 5-10
- Vestal, NY
- Vestal

"Steve is one of our team captains who possesses excellent leadership qualities...he is a solid position defender who will look to work his way into the defensive rotation in '08."

Major:  
Business  
Economics

-Coach Berkman

## David Blackburn • 29



- Sophomore • Defense • 6-0
- Ogdensburg, NY
- Heuvelton

"Dave is a dominant face-off middle who has the ability to control the flow of the game by getting the Bears more possessions than their opponent...he is also a back-up long stick middle who is capable of helping the defensive unit."

Major:  
Biology

-Coach Berkman

## Brogin VanSkoik • 30



- Sophomore • Defense • 5-10
- Syracuse, NY
- Cicero North Syracuse

"A very physical and intimidating defender who worked his way into the starting line-up half-way through his freshman season...he was a big reason for the teams success a year ago and he will look to continue his dominant play on the defensive end this year."

Major:  
Biology

Coach Berkman

## Evan Sovring • 49



- Sophomore • Attack • 5-10
- Oswego, NY
- Liverpool

"Evan was a backup attackman last year and he will look to work his way into the rotation in '08."

Major:  
Undeclared

Coach Berkman



Conor O'Neil



Billy Richards



Kyle Phelix

**Zac McIlmoyle • 1**



Major:  
**Enviromental  
Science**

- Sophomore • Midfield • 5-10
- Peterborough, Ont.
- Berkshire School

**Rob Schloop • 35**



Major:  
**Undeclared**

- Sophomore • LSM • 5-10
- Watertown, NY
- Immaculate Heart Central

**Cody Schroeder • 5**



Major:  
**Undeclared**

- Freshman • Attack • 6-1
- East Syracuse, NY
- East Syracuse Minoa

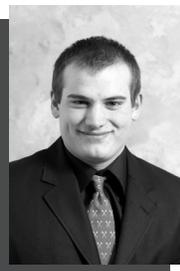
**Nick Sansone • 8**



Major:  
**Psychology**

- Freshman • Defense • 6-3
- Clifton Park, NY
- Shenendehowa

**Kevin Green • 9**



Major:  
**Undeclared**

- Freshman • Attack • 5-7
- Fairport, NY
- Penfield

**Garrett Sharp • 11**



Major:  
**Undeclared**

- Freshman • Attack • 5-8
- Canton, NY
- Hugh C. Williams

**Sam Dutkowsky • 13**



Major:  
**Communications**

- Freshman • Midfield • 5-9
- Vestal, NY
- Vestal

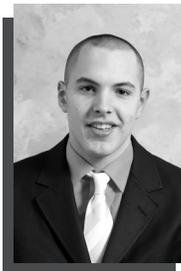
**Chris Ehde • 18**



Major:  
**History**

- Freshman • Goalie • 6-1
- Minoa, NY
- East Syracuse Minoa

**Brad Galante • 23**



Major:  
**Business  
Admnnistration**

- Freshman • Midfield • 6-1
- Burlington, Ont
- Lester B. Pearson

## NEWCOMERS

### Braden Gallant • 26



Major:  
Business  
Administration

- Freshman • Midfield • 5-8
- Burlington, Ont
- Nelson High School

### Dustin Dunn • 27



Major:  
Undeclared

- Freshman • Midfield • 5-9
- Peterborough, Ont
- St. Peters Secondary

### Sean Sawyer • 28



Major:  
Undeclared

- Freshman • Midfield • 5-8
- Rochester, NY
- Eastridge

### Joe Stanley • 31



Major:  
History

- Freshman • Midfield • 5-9
- Lakefield, Ont
- St. Peter's Secondary

### Tyler Pound • 36



Major:  
Business  
Administration

- Freshman • Defense • 6-3
- Watertown, NY
- Immaculate Heart Central

### Jordan Manzer • 38



Major:  
Undeclared

- Freshman • Midfield • 5-9
- Canandaigua, NY
- Canandaigua

### Pat Corbine • 43



Major:  
Undeclared

- Freshman • Goalie • 5-10
- Canton, NY
- Hugh C. Williams

### Jemray Reape • 44



Major:  
Undeclared

- Freshman • Midfield • 6-1
- Carthage, NY
- Carthage

### Mike Elsworth • 45



Major:  
Undeclared

- Freshman • Midfield • 5-9
- Clifton Park, NY
- Shenendehowa

## Kalvin Thomas • 47



Major:  
**History**

- Freshman • Goalie • 5-10
- Petersborough, Ont
- St. Peters Secondary

## Kyle Green • 48



Major:  
**Undeclared**

- Freshman • Midfield • 6-2
- Bel Air, MD
- John Carroll



## RECENT SUNYAC ALL-STARS

### 2001

1st Team	Jed Hammill	Attack
	Brian Austin	Midfield
	Mike Sergi	Defense
2nd Team	Eric Lehman	Midfield
	Bubba Ayrassian	Long Stick Midfielder

**SUNYAC Player of the Year** *Brian Austin*

### 2002

1st Team	Bubba Ayrassian	Long Stick Midfielder
2nd Team	Eric Lehman	Midfield

### 2003

2nd Team	Jed Hammill	Attack
	Eric Lehman	Midfield
	Brandon Webster	Defense

### 2004

1st Team	Casey Swamp	Short-Stick Defenseman
2nd Team	Chris Minei	Attack
	Rob Peters	Face-Off Specialist
	Ryan Hanretty	Goalie

### 2005

1st Team	Harrison Rogers	Attack
	James Mulligan	Defense
	Ryan Hanretty	Goalie

### 2006

2nd Team	Harrison Rogers	Attack
	James Mulligan	Defense
H.M.	Travis Holmes	Attack

### 2007

1st Team	Brian Hondorf	Goalie
2nd Team	Matt Vaverchak	Attack
	Corey Reinhart	Midfield
	AJ Lalonde	Defense

## 2007 ALL-SUNYAC



**Brian Hondorf**

Hondorf went 5-6 in '07 and 4-2 in SUNYAC. Appearing in 12 games -- starting in 14-- Hondorf finished with a 9.75 GAA and a .579 Save %.



**Matt Vaverchak**

Vaverchak had 24 goals, including two game-winners, and seven assists. His first GW came in a 14-13 OT win against Keuka. His 2nd came in a 9-8 win over Oswego



**Corey Reinhart**

Reinhart, led the Bears in points (37) with 25 goals and 12 assists. He also scored two game-winners, a 10-3 win versus Brockport and a 17-1 victory against Cazenovia.



**A. J. Lalonde**

Lalonde became a regular Bears starter in '07, and was noted in SUNYAC for his tenacious, physical style of play. He finished with one goal, one assist and 17 ground balls.

# 2006-07 STATISTICS AND RESULTS

## 2006-07 Scoring Stats

Name	G	A	Pts.
Matt Vaverchak	26	7	33
Corey Reinhart	25	12	37
Kyle Phelix	14	8	22
Justin Wilson-Kirby	14	2	16
Dave Uzialko	13	8	21
Conor O'Neill	10	7	17
Jamie Settineri	6	8	14
George Nolan	5	18	23
Jordan Joncas	3	0	3
Dan MacRae	3	1	4
Nik Bryan	3	3	6
Andy Sauer	2	1	3
David Blackburn	1	0	1
A.J. Lalonde	1	1	2
Billy Richards	1	0	1
Sean Sawyer	1	0	1
Evan Sovring	1	0	1
Andy Deer	1	2	3
James Olsen	0	0	0
Chris Kowalczyk	0	2	2
Brogan VanSkoik	0	0	0
Ryan Puvogel	0	0	0
Brett Wetzel	0	1	1
Dan Haas	0	0	0
Brian Hondorf	0	0	0
Tim Neer	0	0	0
Kyle Laurie	0	1	1
Ben McCullough	0	0	0
Ryan McHugh	0	3	3
Joe Nichols	0	0	0
Jarrad Brown	0	0	0
James Mulligan	0	0	0
Steve Tristan	0	0	0
Brian Compo	0	0	0
Steve Lashomb	0	0	0
Carl Scouten	0	0	0

## 2006-07 Results

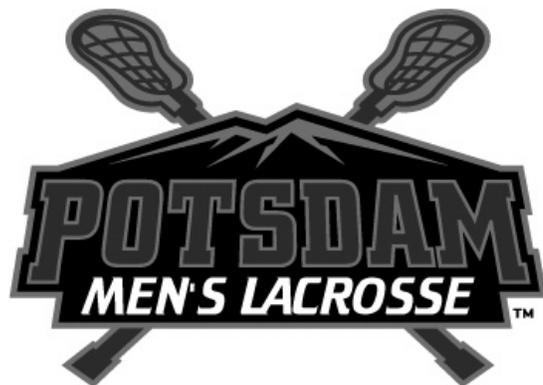
Date	Opponent	Score	Record
Mar. 13	Clarkson	W 10-7	1-0
Mar. 21	Cazenovia	W 17-1	2-0
Mar. 23	Elmira @ Cornell University	L 6-7	2-1
Mar. 28	Union @ Baltimore, MD	L 10-19	2-2
Mar. 31	Keuka	W 14-13	3-2
Apr. 3	St. Lawrence	L 4-15	3-3
Apr. 7	RPI	L 6-15	3-4
Apr. 11	Oneonta	W 10-6	4-4
Apr. 14	Brockport	W 10-3	5-4
Apr. 18	Plattsburgh	W 8-6	6-4
Apr. 21	Geneseo	L 5-16	6-5
Apr. 25	Oswego	W 9-8	7-5
Apr. 28	Cortland	L 6-10	7-6
May 2	SUNYAC Semifinal: @ Geneseo	L 8-14	7-7
May 12	ECAC Semifinal @ RIT	L 7-14	7-8

## All-Time Leading Career Scorers

Name	G	A	Pts.
Joe Schoener	134	102	236
Brian Austin	88	104	192
Jed Hammill	122	62	184
Chris Mele	125	42	167
Rob Mee	80	75	155
Harrison Rogers	72	73	145
Joe Losurdo	84	58	142
Chris Cronin	107	28	135

## 2006-07 Goalkeeper Stats

Name	Min.	GP	GA	SVS	SV %
Brian Hondorf	768:13	14	140	172	.551
Tim Neer	78:54	5	10	8	.444
Billy Richards	55:25	5	4	6	.600



# ***Athletic Facilities***

The SUNY Potsdam athletic facilities are centered around and within Maxcy Hall. The multi-million dollar facility was built in 1971 and has undergone several major revisions since then. It is considered one of the finest sports complexes in the country.

At the heart of Maxcy is the Bears' 2,500 seat ice arena, as well as, the 3,600 seat Jerry Welsh Gymnasium. Maxcy also houses a natatorium with an Olympic-sized swimming pool and a 33,000 square foot fieldhouse.

On the buildings third floor is the 8000 square foot Shane T. Shaul Fitness Center which was completely remodeled this fall.

Fifty acres of athletic fields surround Maxcy including the recently build all-weather Astroturf N field. The turf field serves as the home for both lacrosse and soccer events.

A new women's softball field was also recently added while the tennis courts have been completely remodeled to include lights and a new court surface.



**NEXT TURF FIELD**



**SOFTBALL FIELD**



**ICE ARENA**



**TENNIS COURTS**



**JERRY WELSH GYM**



**SWIMMING POOL**

# 2008 Men's Lacrosse Schedule

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>
<b>Mar. 18</b>	<b>CAZENOVIA</b>	<b>4:00 pm</b>
Mar. 22	Elmira @ Watertown HS	2:00 pm
Mar. 24	Clarkson University	4:00 pm
Mar. 26	Rensselaer Polytechnic	4:00 pm
Mar. 29	Keuka College	1:00 pm
<b>Apr. 2</b>	<b>SAINT LAWRENCE</b>	<b>4:00 pm</b>
Apr. 5	Morrisville State	1:00 pm
<b>Apr. 9</b>	<b>ONEONTA</b>	<b>4:00 pm</b>
Apr. 12	SUNY Brockport	2:30 pm
<b>Apr. 16</b>	<b>PLATTSBURGH STATE</b>	<b>4:00 pm</b>
Apr. 19	SUNY Geneseo	4:00 pm
Apr. 23	Oswego State	4:00 pm
<b>Apr. 26</b>	<b>SUNY CORTLAND</b>	<b>1:00 pm</b>
May. 2	SUNYAC Semifinal	4:00 pm
Mar. 5	SUNYAC Championship	1:00 pm

**Bold Caps = Home Events**