

Fall 2009

WILD 445 Therapeutic Recreation Paper  
HTLH 445

This paper will describe a form of therapeutic recreation, including adventure/wilderness therapy, with a population of your choice. The paper will include the following:

- Describe the population you have chosen. Include their handicaps and the implications of them, personality traits, special needs and any other information that would help the reader understand who they are. Both classroom textbooks and other textbooks that I have are good resources for this.
- Design a therapeutic recreation program for your population. Lay out the program design including how you will integrate the TR process into your program. How are the needs of your population going to be addressed etc. In this, describe the chosen form of recreation that your population will be engaged in.
- Explain the theories inherent in the activities, the specific activities and document information that support your treatment modality.
- Report on the research findings from journal articles that support your program.

Time frame:

10/15/09      Bring one or two ideas to class.

**10/20/09      We will be meeting in the library at the reference desk at 4:00pm.**

11/03/09      *Optional* - Hand in outline and articles.

11/17/09      *Optional* - Hand in first draft.

12/3/09      Papers are due and a 5-10 min. presentation to describe your paper to the class.

Paper requirements:

7- 10 pages, double spaced

APA format

At least 5 References from Journal Articles or textbooks