# HLTH 165 – Health: a lifestyle approach

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## Are you a:

- A. Freshman
- **B.** Sophomore
- c. Junior
- D. Senior

## Do you live:

- A. On campus
- B. Off campus
- c. Commute

## Your preferred Internet browser is

- A. Windows IE
- **B.** Firefox
- c. Safari
- D. Google Chrome
- E. other

## Your preferred search engine is:

- A. Google
- B. Bing
- c. Ask.com
- D. other

## When you start research, your first step is:

- A. Go to the web
- B. Ask a friend
- c. Visit the library
- D. Connect with a librarian virtually

## Getting started with research

- Reference tools offer encyclopedias, dictionaries, statistics
  - Background
  - Definitions and terminology
- Start by subject on the library web pages and choose Health - Reference
  - Electronic encyclopedias

#### What is Peer-reviewed research?

- Who are health prevention "peers"?
- What does a "peer" contribute to research review?
- How to "peers" relate to article publication?

## Using Databases to Find Articles

- Start by subject Health Articles
- <u>Health Reference Center Academic</u> (Gale)
  - Choose Advanced Search
  - Use limiters to match results with requirements
    - Peer-reviewed
    - Time frame
  - BUILD a successful search strategy
    - Subject headings (topic) with keywords (focus)
    - Too many results? –Narrow
    - Too few results? Broaden

## Working with your results

- Is there an abstract?
  - Abstracts can help you determine potential of results
- Is it clear that the article is peer-reviewed RESEARCH?
  - Evidence of research length, bibliography
- Does it adequately discuss prevention?

## Getting to the article

- Full-text available in the database?
  - Don't limit yourself to the full-text within a single database
- Article Linker
  - Checks the citation against all library holdings, print and electronic, for availability
    - · If not available, Interlibrary loan (ILL) option presented

## Saving your research

- Many databases offer the option to set up an account (vendor-wide application but specific to vendor)
- Save search strategies
- Save article citations
- Create folders
- Log in to retrieve

## **Citing Sources**

- APA style available in Reference collection and on reserve
  - Publication Manual of the APA...Ref. BF76.7 .P83
    2001 [5<sup>th</sup> edition]
- Database tools for citation configuration
  - Cut and paste to document
  - Verify and revise if necessary